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**REB NUMBER:** **336**  
**REPORTS REQUIRED:** **Completion Report**  
**TYPE OF REVIEW:** **Delegated**  
**PRINCIPAL INVESTIGATOR:** Emily Goodwin, Software Engineering Technology  
**PROFESSOR:** Russell Foubert, Software Engineering Technology  
**TITLE OF PROJECT:** **Software Prototype for Analyzing Heart Rate Variability/Heart Rate to Detect Anxiety**  
**APPROVAL PERIOD** **March 11, 2020 – March 11, 2021**

A delegated review was completed by members of the Conestoga College ITAL Research Ethics Board in which they examined the protocol which describes the participation of the human subjects in the above-named research project and considers the procedures, as described by the applicant, to conform to the College's ethical standards and the Tri-Council Policy Statement 2. As a result, ***the CCITAL REB has approved your application to conduct research*** using human participants at CCITAL.

**Please include a statement on all documentation which participants will receive noting this application has been reviewed by and received approval from the Conestoga ITAL REB.**

If you intend to use the online data collection tool Survey Monkey (or any other on-line data collection tool covered by the U.S. Patriot Act which allows the U.S. government to access data residing on U.S. servers), please specifically mention this fact in the information and consent letter.

This approval is for the research protocol described in the above-numbered application. If you wish to make substantive changes to any part of the application documentation you have provided for approval (i.e. to change items such as the research protocol, the information and consent letter, survey or questionnaire wording etc.), these proposed changes should be handled through a Change Request Form.

Adverse or unexpected events must be reported to the REB immediately with an indication of how these events affect, in the view of the Principal Investigator, the safety of the participants and the continuation of the protocol.

The Tri-council Policy Statement requires that the ongoing research be monitored by, at a minimum, a final report. Please note that it is the responsibility of the Principal Investigator to submit a Completion Report when all interaction with human participants is complete. Should you wish to continue your research beyond the approval period, you must request further approval from the REB.

On behalf of the REB, we wish you the best of success with your research at CCITAL.



Tom Bishop  
Chair, Research Ethics Board



Linda Scott Campbell  
Vice Chair, Research Ethics Board

Approval Date: **March 11, 2020**